Wetzel's Pretzels Menu 2026 - Prices & Calories in US

Wetzel's Pretzels · Updated November 2026 · okinawasushinj.com

Classic Baked Pretzels

Item	Price	Calories
Original Pretzel	$4.29	410
Almond Crunch Pretzel	$5.29	520
CinnaPretzel	$5.29	480
Garlic Parmesan Pretzel	$5.49	500
Sour Cream & Onion Pretzel	$5.29	470
Jalapeno Cheddar Pretzel	$5.49	530

Wetzel Dogs

Item	Price	Calories
Classic Wetzel Dog	$6.29	530
Pepperoni Wetzel Dog	$6.79	590
Cheese Wetzel Dog	$6.79	600
Jalapeno Cheddar Wetzel Dog	$6.99	620

Bites and Nuggets

Item	Price	Calories
Original Bites	$5.49	350
CinnaBites	$5.79	360
Almond Crunch Bites	$5.99	380
Garlic Parmesan Bites	$5.79	370

Specialty Lemonades

Item	Price	Calories
Original Lemonade	$3.99	150
Strawberry Lemonade	$4.49	170
Raspberry Lemonade	$4.49	160
Mango Lemonade	$4.49	180
Frozen Strawberry Lemonade	$6.89	210
Frozen Lemonade	$6.89	200

Dipping Sauces

Item	Price	Calories
Cheddar Cheese Sauce	$1.29	120
Sweet Icing	$0.99	130
Marinara Sauce	$1.29	90
Yellow Mustard	$0.50	10

Drinks

Item	Price	Calories
Bottled Water	$2.79	0
Soda	$3.29	150
Fresh Strawberry Lemonade	$5.79	170

Seasonal & Limited-Time

Item	Price	Calories
Seasonal Pretzel (varies)	$5.79	480
Limited-Time Bites (varies)	$6.29	390

Value Deals & Combos

Item	Price	Calories
Pretzel & Drink Combo	$7.99	560-750
Wetzel Dog & Drink Combo	$8.99	700-850
Bites & Drink Combo	$7.49	420-590

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.